

Sandbank and Valley Nursery Schools Federation

Intimate Care Policy



September 2024

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Intimate Care Policy

Intimate care can be defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene which demand direct or indirect contact with or exposure of the genitals.

Sandbank and Valley Nursery Schools Federation is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times.

All staff are DBS checked and have received Child Safeguarding training and health and safety guidance. There are guidelines for nappy changing in the nappy changing areas. Children who receive intimate care are treated respectfully at all times. Each child's right of privacy will be respected. Children are changed in an appropriate changing room or changing area.

The adult is in view of the other members of the team whilst nappy changing. Guidance notes are displayed on the wall.

Children may also be changed in one of the Nursery bathrooms. Practitioners inform their colleagues when they are going to change a child. Nappy changing guidance is displayed in the Nursery bathroom. The adult informs other team members when they are going to change a child.

Children will be changed in the changing area or discreetly in the nursery environment ensuring that children's privacy is respected as far as possible.

As an inclusive setting there may be times when more than one person is needed to change a child. This will be the child's support worker plus one other.

Changing Guidelines

- Children must NEVER be left alone on the changing table or mat
- Staff ensure they collect nappies and wipes before they change a child.
- Children must be thoroughly cleaned with wipes.
- Staff wear *GLOVES* for each nappy change.
- Nappy changes are recorded with the child's name date/time/initial of staff member.
- Nappies must be immediately disposed of in *YELLOW* bag placed inside the nappy bin. Ensuring they are placed in a nappy sack before disposal.
- Changing mat or table must be treated with antibacterial spray after each change.
- PLEASE NOTE: All children are changed as and when needed within the three-hour session. Children are checked regularly.
- Nappy rash/soreness or rash on torso/legs etc. should be reported to a lead member of staff.

Potty/ Toilet Training

- Children should be encouraged to use potty/toilet, if children are reluctant, then they are not ready. Leave them for a short time and try again. Working with families to encourage use of the potty or toilet at home as well as in school.
- Children should be praised for successful use of potty/toilet- accidents will happen. No fuss, clean up and explain where we do our 'wee' and 'poo'.
- Allow children to use the bathroom in small groups to encourage toilet training
- Always ensure good personal hygiene-flush toilet/wash hands
- Supervise children in the bathroom, help with clothes fastenings when and where applicable but also encourage self-help skills
- Ensure using the potty / toilet is an enjoyable experience, celebrate achievement
- Disinfect potties after use with antibacterial spray.