

Valley Nursery School

Intimate Care Policy



February 2020

Signed Governors: _____ (Finance Committee)

Date: 26th February 2020

Valley Nursery
Intimate care Policy

Intimate care can be defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene which demand direct or indirect contact with or exposure of the genitals.

Valley Nursery is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times.

All staff are DBS checked and have received Child Safeguarding training and health and safety guidance.

There are guidelines for nappy changing in the nappy changing areas. Children who receive intimate care are treated respectfully at all times. Each child's right of privacy will be respected.

Children are changed in Valley Nursery's 'changing room.' The adult is in view of the other members of the team whilst nappy changing. Guidance notes are displayed on the wall.

Children will also be changed in Valley Nursery bathroom. Practitioners inform their colleagues when they are going to change a child. The bathroom has a large open plan entrance at one end and a window at the opposite end so the adult is visible from both sides. Nappy changing guidance is displayed in the Nursery bathroom.

The adult informs other team members when they are going to change a child. 3-4 year old Children will be changed in the changing area or discreetly in the nursery environment ensuring that children's privacy is respected as far as possible.

As an inclusive setting there may be times when more than one person is needed to change a child. This will be the child's support worker plus one other. If the child has two support workers it will only involve that team.

Changing Guidelines

- Children must NEVER be left alone on the changing mat.
- Staff must ensure they collect nappies and wipes before they change a child.
- Children must be thoroughly cleaned with wipes.
- Staff must wear GLOVES for each nappy change.
- Nappy changes are recorded with the child's name date/time/initial of staff member and a witness.
- Nappies must be immediately disposed of in YELLOW bag placed inside the nappy bin. Please ensure they are placed in a nappy sack before disposal.
- Changing mat must be treated with "screen" spray after each change.
- PLEASE NOTE: All children are changed as and when needed within the three hour session. Children are checked regularly
- Nappy rash/soreness or rash on torso/legs etc. should be reported to line manager.

Potty Training

- Children should be encouraged to use potty/toilet, if children are reluctant, then they are not ready. Leave them for a short time and try again
- Children should be praised for successful use of potty/toilet-accidents will happen! No fuss, clean up and explain where we do our 'wee' and 'poo'
- Allow children to use the bathroom in small groups to encourage toilet training
- Always ensure good personal hygiene-flush toilet/wash hands
- Supervise children in the bathroom, help with clothes fastenings when and where applicable but also encourage self help skills
- Ensure using the potty toilet is an enjoyable experience, celebrate achievement
- Disinfect potties after use with "screen" spray.